



Understanding Prodromes and Lowering Risk in Family Therapy (UPLIFT)

Are you or your child aged 12 – 25? We are seeking young people who are experiencing unusual thoughts or suspiciousness or hear or see unusual things to participate in family-focused treatments to determine if they can help with the young person’s mental health concerns, and learn more about early interventions for youth at risk for psychosis

Commitment involves:

- 6 months of therapy, including help for youth & parents in learning about thinking problems, stress management & coping strategies
- Families will be randomly assigned to either family-focused therapy or a combination of family education plus monthly youth sessions
- Full youth diagnostic evaluation with feedback
- Follow-up wellness/research check-ups for 18 months

Therapy is provided at no cost. Eligible families will receive monetary compensation for their research intake and check-up evaluations.

For more information, please
contact: **617-209-9169** or
Responsetorisk@bidmc.harvard.edu
or **www.responsetorisk.org**

All calls are confidential. Calling to inquire about the study does not obligate you to participate.

Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL



InVEST

Individualized Vocational and Educational Support and Training

Are you experiencing changes in your thinking, mood, and behaviors?

Are those changes making school and work tasks overwhelming for you?

School can be stressful and frustrating. InVEST could help!

You may be eligible for an educational and vocational intervention at Beth Israel Deaconess Medical Center as part of a research study to learn more about early interventions for youth at risk for psychosis

What Is InVEST?

InVEST is a school and work coaching program designed to help teens 12-18 years old meet their school and work goals. In the InVEST study, teens can learn different skills and strategies that may help them meet their goals; these strategies hope to strengthen organization skills, stress management, and procrastination.

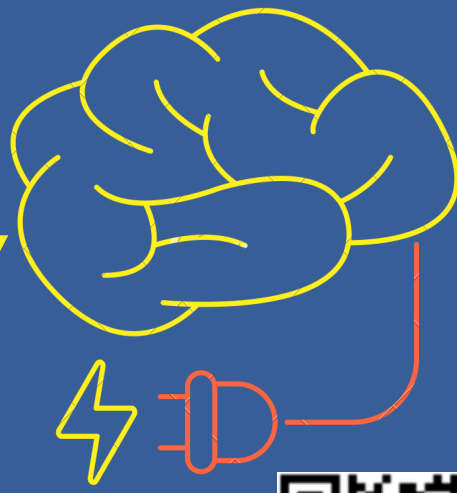
This research intervention is provided **at no cost**. Eligible participants will receive monetary compensation for their research intake and check-up evaluations.

mmusikav@bidmc.harvard.edu • (617)-213-0518

Responsetorisk.org

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BIDMC Department of Psychiatry | Michelle Friedman-Yakoobian, PhD

brain energy study



You may be eligible for this research study if you are between 15-30 years old and have experienced new or recent changes in your mental health such as...

- Starting to feel like your eyes/ears/mind are playing tricks on you
- Feeling confused about what is real and what's not
- Feeling suspicious of others
- Withdrawal from friends or family
- Drop in self care or personal hygiene
- Feeling more anxious, depressed or out of touch
- Becoming overly focused on certain ideas that other people find odd
- These concerns are causing new problems in school, work or attention

Earn up to \$1110 across all visits for your participation

For more information, email us at

ResponsetoRisk@bidmc.harvard.edu or call 617-213-0518

clinical interview | blood draw | MRI scans | cognitive assesment

These procedures will be performed across 2 visits and then repeated during one- and two-year follow-up timepoints.

MRI Study

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